



# Cotija Grated Cheese

## 12/16 OZ.

SKU 704257

### Nutrition Facts

Serving Size ¼ cup (28g)  
Servings Per Container 16

#### Amount Per Serving

**Calories** 100

#### % Daily Value

<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 10g	<b>4%</b>
<b>Sodium</b> 480g	<b>21%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 6g	
Vitamin D 0%	Potassium 1%
Calcium 15%	Iron 0%

\*Percent Daily Values are based on a 2,000-calorie diet.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Considered to be the Mexican parmesan cheese, Cotija cheese is widely used as an ingredient and garnish for many Mexican dishes. Our grated La Chona Cotija Cheese is distinguished by its unique aroma and unmistakable texture.

Renowned by many as the finest aged Mexican cheese, its ease in crumbling makes it an excellent option to use in dishes like enchiladas, tostadas and Mexican dips as well as a topping on grilled corn.



SCAN ME

GOOD SOURCE OF CALCIUM

GREAT FOR TOPPING

LACHONAUS  
LACHONAUSA



Updated-CR (02/19/25)

Ingredients: Pasteurized Milk, Nonfat Milk, Palm Oil, Salt, Cheese Cultures, Calcium Chloride, Enzymes, Cellulose, Natamycin (Natural Mold Inhibitor), Potassium Sorbate (Preservative). Contains Milk. Gluten Free.

#### PRODUCT SPECIFICATIONS

PRODUCT NAME	La Chona Cotija Grated Cheese 12/16 oz.
UPC CODE:	616594506059
SHELF LIFE	150 days
CASE DIMENSIONS	12.438" L x 9.938" W x 8.75"H
CASE CODE (GTIN)	10616594042578
# PKG PER CASE	12
CASES PER LAYER	15 TI x 5 HI
CASES PER PALLET	75
LB PER PACKAGE	1 lbs.
NET CASE WEIGHT	12 lbs.
POUNDS PER PALLET	900LBS
CASE CUBE (CUBIC FT)	.635
PCKG DIMENSIONS	9.25"L x 7.125"W x 2"H
PACKAGES PER PALLET	900
STORAGE HANDLING	Keep Refrigerated
STORAGE TEMP	40 F

Distributed by Bar-S Foods Co., P.O. Box 29049, Phoenix, AZ 85038.  
Customer Service: 1.800.699.4115